

Spring/Summer Gluten Free Menu. Week commencing Monday 19<sup>th</sup> February 2024. (week 1). When returning back from a holiday we will always return on a week 1



1	Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Week 1</b>                      19/02/24 , 11/03/24                      08/04/24, 29/04/24                      20/05/24, 03/06/24                      24/06/24 , 15/07/24</p>	Mince Beef and Oriental Vegetable Wrap (G/F) or Mild Vegetable Curry (V) Rice Seasonal Vegetables Vanilla and Raisin Cookie (G/F)	Pepperoni Pizza (G/F, D) Or Cheese/Tomato Pizza (, G/F, V) Potatoes Seasonal Vegetables Pear and Chocolate Sponge (G/F, E)	Tuna Sweetcorn Pasta Bake (G/F, M, D) or Roasted Root Vegetable Pasta (G/F, V, D) Seasonal Vegetables Strawberry Jelly (V)	Roast Chicken Dinner or Vegetable Hotpot (V) Roast Potato Seasonal Vegetables Fruity Chocolate Slice (G/F)	Fish Fingers (G/F) or Garlic and Tomato Pasta (G/F, V, D) Chips Baked Beans Peas Vanilla Ice-Cream (M)
<p><b>Week 2</b>                      26/02/24, 18/03/24                      15/04/24, 06/05/24                      10/06/24, 01/07/24</p>	Chicken Fajitas (G/F, D) or Sweet Potato Curry (V) Rice Seasonal Vegetables Syrup Cookie (G/F)	Ham/Pineapple Pizza (G/F, D) or Cheese/Tomato Pizza (G/F, V, D) Potatoes Seasonal Vegetables Jam Sponge (G/F, E)	Beef Bolognaise Or Vegetable Bolognaise (V) Spaghetti Seasonal Vegetables  Mandarin and Orange Jelly (V)	Roast Turkey Dinner or Neapolitan Pasta (V, G/F, D) Roast Potato Seasonal Vegetables Pineapple Shortcake (G/F)	Sausages (G/F) or Bottomless Quiche (G/F, V, D, E) Chips Baked Beans Peas Strawberry ice-Cream (M)
<p><b>Week 3</b>                      04/03/24, 22/04/24                      13/05/24, 17/06/24                      08/07/24</p>	Salmon Fish Pie (G/F, M, D) or Quorn Pieces, Sweet potato Wrap (G/F, V) Seasonal Vegetables Shortbread (G/F)	Chilli Chicken Pizza (G/F, D) or Cheese /Tomato Pizza (G/F, V, D) Potatoes Seasonal Vegetables Blueberry Cupcake (G/F, E)	Ham/Cheese Tagliatelle (G, D, M) Or Macaroni Cheese (G/F, D, M) Seasonal Vegetable Raspberry Jelly (V)	Roast Chicken Dinner or Vegetable Crumble (V) Roast Potato Seasonal Vegetables Strawberry Whip (G/F, M)	Fish Fingers (G/F) or Omelette (V, E) Chips Baked Beans Peas Chocolate Ice-Cream (M)

**A fresh salad bar is available Monday to Thursday as an alternative to hot food.**

**Fresh fruit and yoghurts available daily.**

**MENUS ARE SUBJECT TO CHANGE AT SHORT NOTICE IF ANY UNFORSEEN CIRCUMSTANCES OCCUR**

<b><u>ALLERGEN INFORMATION</u></b>		
G - GLUTTEN N- NUTS P- PEANUTS E- EGGS M- MILK D- DAIRY S-SOYA F- FISH L- LUPIN	S/D – SUPHITES (SULPHUR DIOXIDE) C- CELERY C/F- CRUSTACEA M/F- MOLLUSCS S/S- SESAME SEEDS L- LUPIN MC- MAY CONTAIN ALLERGENS CR-CEREAL MU-MUSTARD	

**THE COST OF A SCHOOL LUNCH**  
**IS £2.10**  
**ANY SPECIAL DIETARY NEEDS PLEASE INFORM THE**  
**SCHOOL**  
**OFFICE.**